KGA Specials Enrichment Activities

Join your specials teachers on Flipgrid or Padlet!

To email, just click on the name.

Braaksma <u>Contreras</u> <u>Griffith</u> <u>Johnson Manygoats</u> <u>Moran</u>



### Media Musings with Mrs. Manygoats

#### May 20<sup>th</sup> is World Bee Day!

Celebrate the pollinators! Did you know that approximately 75% of our crops that produce fruits and seeds are pollinated by bees and other pollinators? They're SO important that, in 2017, the UN General Assembly proclaimed May 20<sup>th</sup> World Bee Day in an effort to raise awareness about the decline in pollinator diversity. Crazy, right? Read more about World Bee Day here.

### Save the Bees



Have a toilet paper roll? Craft a beehive by cutting off rings and bending them into a hexagon, gluing together, then painting yellow. Then share that or any other bee crafts on Padlet or Flipgrid! See how I made mine on Flipgrid.

# Click here to watch the Food and Agriculture Organization's video titled, "A World Without

Bees"

#### Celebrate by:

- Planting a pollinator garden
- Avoiding Insecticides
- Pledging to have hives at your home relocated rather than destroyed

# National Geographic is also bringing awareness to World Bee Day!

Join NatGeo and Mo Rocca (the host of the NatGeo Bee Championship) on May 20<sup>th</sup> for a special Explorer Classroom ("Behind the Yellow Border") at 11:00 AM. You must register for this event, and you have the opportunity to select whether you'd like to have your child participate live in the on-screen event (I'd love to see your smiling faces!). Click here to register. Find out more about bees at NatGeo Kids here!

## Music Ms. Johnson Ms. FOR SUMMERZ

















#### Technology Fun with Mrs. Braaksma

#### Digital Breakout Games

10 games to choose from EACH grade level band

Watch this quick video to learn how to play a digital breakout game, then try out your skills in the sample game:

How to Play a Breakout EDU Digital Game

Now that you know how to play, check out ALL of these games! Games for Kindergarten thru high school, so share with a sibling too.

Click here for ALL GAMES

Tell me what you liked on Flipgrid or Padlet!





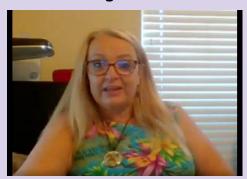


#### **Performing Arts**

with Ms. Moran

#### **Focus/Concentration Game:**

"I'm Going to Hawaii..."



This is a fun game that tests your listening, concentration and memory skills.

Watch the Specials Team demonstrate the game in the video above, then try playing it with your family at home.

#### Celebrate Mom in May!

Click on the flowers for a fun game of charades you can play to celebrate your Mom!



#### Read, Act and Move!

Hedgehugs: Hopping Hot

By Lucy Tapper and Steve Wilson

WARM-UP WITH



#### WATCH AND READ ALONG WITH THE VIDEO BELOW



have a boulder

# Physical Education with Miss Contreras

**READ ALOUD WITH MISS C:** Click the link below for a fun story about staying healthy. Oh, the THINGS you can DO that are GOOD for you!

#### WORKOUT CHALLENGE



Spell your name to make your workout!



- 10 burpees
- 1-minute plank
- C 20 high knees
- 10 mountain climbers
- E 15 lunges
- F 20 crunches
- G 30-second raised-leg plank (each leg)
- H 20 mountain climbers
- - 15 squats
- 10 tricep dips
- K 20 push-ups
- 1-minute wall sit
- M 15 squats

- N 20 burpees
- O 15 push-ups
- P 10 jump squats
- 30-second side plank (each side)
- R 45-second wall sit
- 15 sumo squats
- T 15 burpees
- U − 20 jumping jacks
- V 30 high knees
- 15 tricep dips
- X 2-minute wall sit
- Y 15 crunches
- Z 20 burpees

#### Finish



Do eight sit ups.



Your laces are untied! Go back to Start.

Crab walk AND sing **Alphabet** Song.





You're full of energy! Take another turn.



Balance on one leg for 15 seconds.

Long Jump! Stand up, take the longest forward jump you can, and then move ahead one extra space!

Jump from

side to side

as you count

to 30.

Do seven

push ups.

Count to

30 while

you run

in place.

Oh no! You

stopped to

watch TV.

Go back.



Oh no! Head. You're out of shoulders. breath! Lose knees, toes: a turn. nine times.

> Super Skip Move Ahead



You had a great warm up! Move ahead 3.



Warm up by doing 10 jumping iacks.

Start

Keep It Moving!

> Rules for play 1) Roll the die.

2) Move the number of spaces on the die.

3) When you land on a space with written directions, follow them.

4) Play until someone reaches the Finish box. Continue play to see who will finish second, third, etc.



#### **B.Y.M. ANSWER from May 11-15:**

**QS:** What is 3/7 chicken, 2/3 cat and 1/2 goat?

**ANSWER: CHICAGO** 



#### **WEEKLY WORKOUT:**

**Trolls- Yoga Adventure** 

**Pokemon- Yoga Adventure** 

Mrs. Griffith has been teaching Spanish to a small group of students. We have listened to music, practiced speaking Spanish and a few students will even have a presentation to share!

If you missed any of the lessons from last week, please come to a <u>review session on Monday May 18th</u>, <u>at 11:00 or 2:00.</u> Use the password <u>mrsgriffith</u> at meet.google.com

We will review the following topics:







Then, plan to continue coming to our **Spanish classes the** *rest of the week at 11:00am and/or 2:00pm.* 

We will learn new vocabulary, practice new sentences and phrases and add to what we've already learned. Hope to see you there!